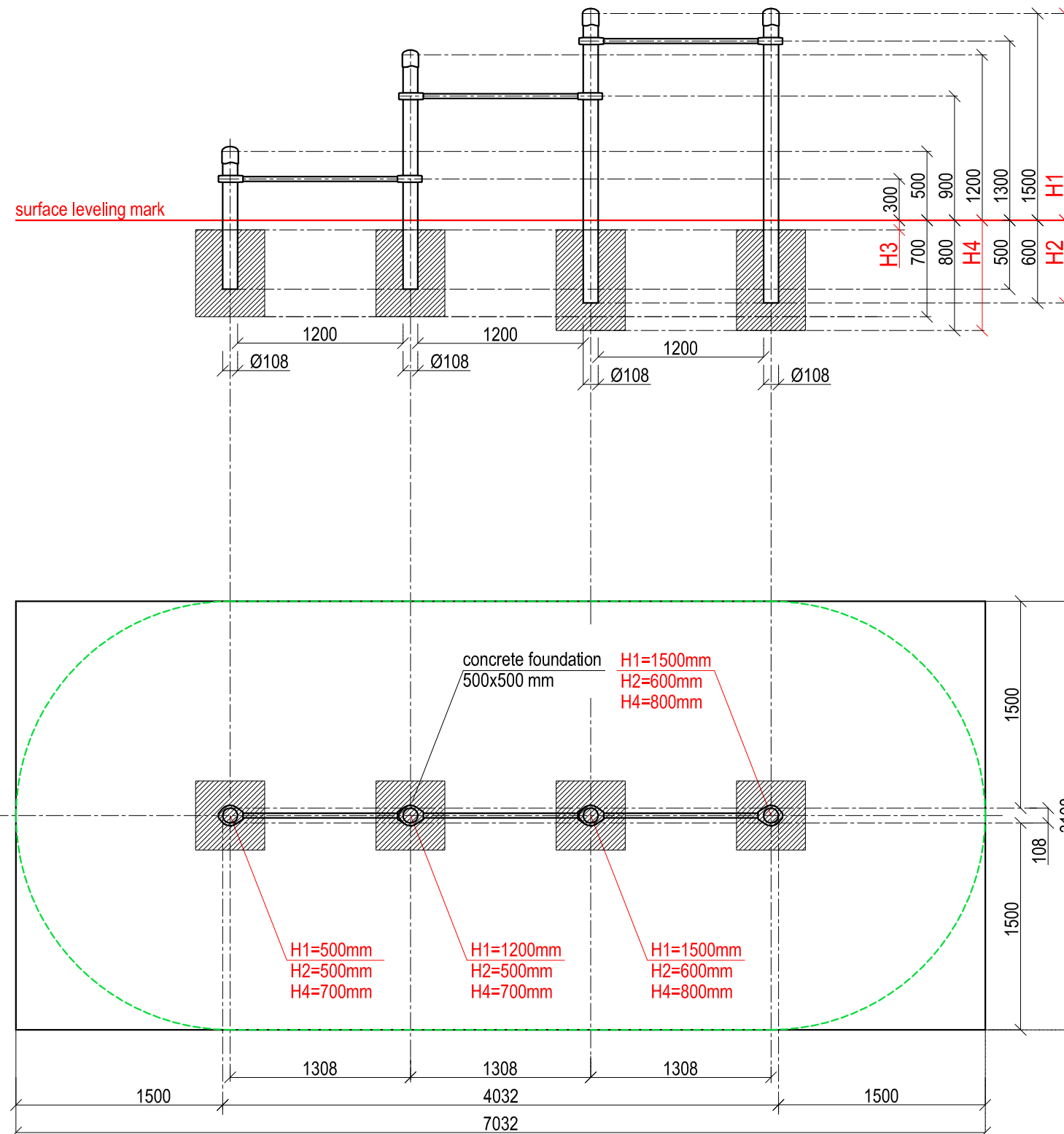
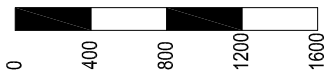


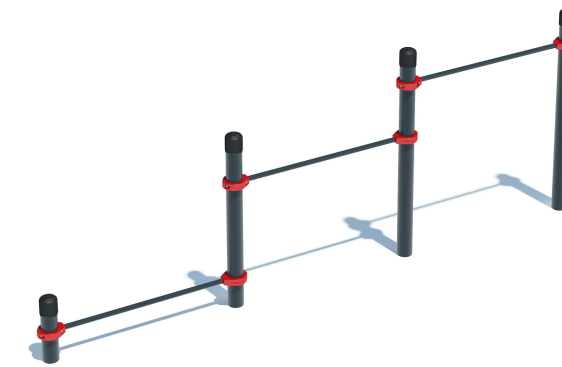
SCALE 1:40



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K-001

French triple push-up bar



The construction consists of four vertical columns and three crossbars. The length of each crossbar is 1200 mm. Construction is secured together with aluminium clamps. Weight - 77.5 kg

**Installation instructions:**

- Choose a suitable underground for the unit (see page 2, table 2)!
- Prepare the construction pit with a drilling machine or other devices.
- Before pouring the concrete all structures elements must be leveled and fixed.
- Complex elements must be fixed and bolted together with metal clamps.
- Ready-made C25 concrete should be used.
- Crossbars installation height can be changed according to customer's wishes.
- Approximately 0,15m<sup>3</sup> concrete is needed for each spot foundation.
- Under the structures we recommend to install absorbing rubber cover.

The size of the hole for the foundation is depending on the consistency of the ground. The dimensions mentioned above are applicable for normal conditions with firm ground. If the ground is extremely soft, a much bigger foundation is needed. Use only appropriate material and follow the installation instructions closely!!!

Foundation plan and area of movement of the K-001 French triple push-up bar				Technical information	
Foundation when using Shock absorbing underground (synthetic – rubber granulates)		Beveling of foundation when using loose filling material		width:	108 mm
				height:	1550 mm
				length:	4032 mm
				largest part:	2150 mm
				weight:	77.5 kg
				floor space required:	3108 x 7032 mm
				pipe measurements:	diameter: wall thickness:
					108 mm 3.2 mm
					33.7 mm 3.2 mm
				metal parts:	steel, galvanized, powder coated RAL 7016 (anthracite grey)
				metal clamps:	aluminium, powder coated, RAL 2004 (pure orange)
				bolts for metal clamps:	stainless steel, Pin Hex Button Head Security Screws M10
				max. free fall height:	< 1300 mm possible underground see DIN 79000:2012-05 Tab.2 or installation instructions
				user height:	>140cm
				maximum user weight:	130 kg
				certificates:	TÜV Rheinland InterCert Kft.

